

INFORM



A Ministry of Manpower (MOM) publication for Migrant Domestic Workers (MDWs) in Singapore

Know your employment rights

Did you know your employer must pay for your medical care during your employment in Singapore? This includes the cost of your six-monthly medical check-ups, ad-hoc doctor visits and hospitalisation.

Your employer must also pay for your air ticket home with check-in luggage at the end of your employment. For your overseas leave, do discuss with your employer about the cost of your air ticket and put the agreement in writing to avoid disputes.

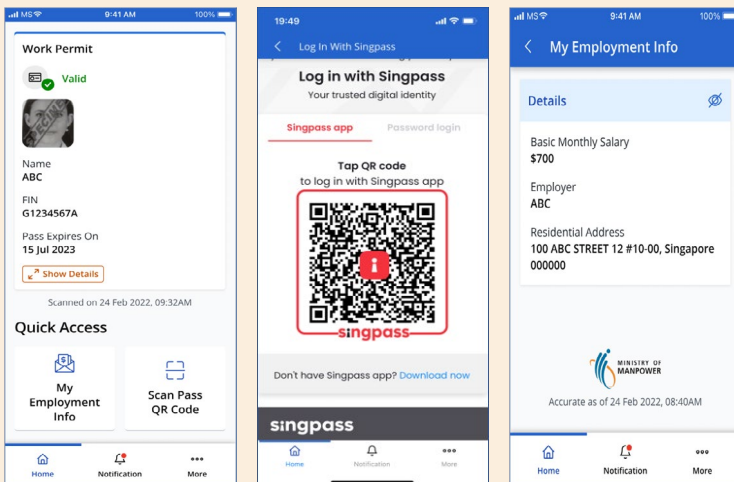


Need to seek help? Contact MOM at 1800 339 5505.



Have you heard of the SGWorkPass App?

It is a mobile app to check the validity of work pass and details of your employment. Check it out now!



- 1 Tap on 'My Employment Info' under Quick Access menu
- 2 Log in with your Singpass
- 3 View employer information

Scan here to download the app



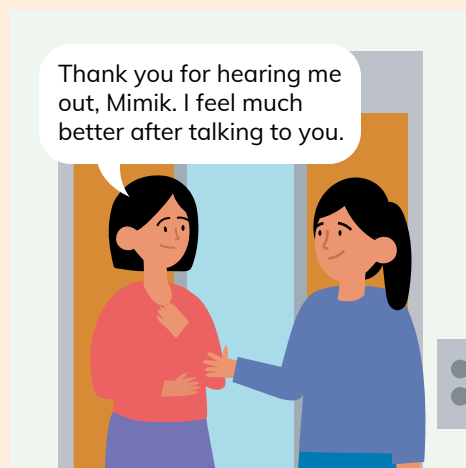
Scan here to register for a Singpass account



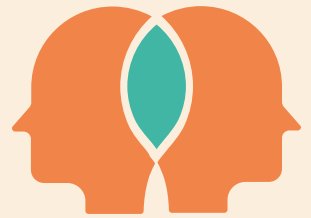
How Can You Help a Friend in Need?



Do you remember a time when your friend supported you through a difficult period? You can help your friends too! Check in regularly with your friends, listen actively to what they say, and encourage them to seek help if necessary.



Hear from Marivic and the Chia Family on how to maintain a harmonious working relationship for 17 years!



Q: How has the Chia Family shown care and support?

A: “The Chia family encouraged me to save money, taught me how to buy land and to build a house, back in my hometown in the Philippines.

They also supported my interest in baking and cooking. Now, I have a professional certificate in advanced baking. With my new skills, I hope to open my own bakery when I return to the Philippines.”

Marivic Garcia Tumamao
(MDW)



Q: How have you cultivated trust and a good working environment for Marivic?

A: “If you treat your helper well, she will reciprocate” - a mantra that my family has maintained during Marivic’s 17 years with us.

We recognise the sacrifice that Marivic made, by leaving her family to work in Singapore. To show our appreciation, we support her to develop new skills, so that she can use them when she returns home.”

Mr George Chia (Employer)



Building Trust Through Support and Mutual Care



Home Safety – Crime Prevention Tips

Home Safety – Crime Prevention Tips

How do you keep everyone safe when you are alone or when you are only with your employer’s children or the elderly at home? Read on to find out.

- Always keep the gate and door locked.
- Check the identity of anyone. Ask them to show you their identification card and call your employer to verify the details. Call the Police when in doubt.
- Never allow a stranger into your home. Use the door-viewer to identify the visitor. Have the chain-latch attached on the door when talking to the visitor.
- Do not place house keys outside the house (e.g. in the flower pot, under the floor mat, etc).



Beware of Phishing Scams involving Impersonation of the Government Agencies or Banks



Such scams usually involves a phone call from someone claiming to be from the organisation.

Look out for “+” numbers

Phone numbers with “+” usually indicate that the call was made from overseas. Be careful when picking up calls with numbers like this, especially if you are not expecting any overseas calls from your family members. If the call has a “+65” prefix number, ignore them.

Do not give confidential information to anyone

Do not disclose personal particulars, banking and debit card details to anyone. Never share your one-time passwords (OTPs) with anyone.

No government agencies or banks will ask you for your personal details; or to perform bank transfers over the phone or through robocalls (automated voice machines).

If you are in doubt, call the Anti-Scam hotline at 1800 – 722 6688.

Upgrade your skills for your future career with FAST Lifelong Centre!

Ever wonder what you can do after you return home? Why not upgrade your skills by attending courses during your rest day to prepare you for a future career?

FAST Lifelong Centre offer courses such as in caregiving, health and pain management through reflexology, financial management, and entrepreneurial programmes. You will receive a specialist certificate upon successful completion.

Scan the QR code to view the full list of subsidised training courses.

For more information:

- Send an email to training@fast.org.sg
- Call them at 6509 1535
- Send a WhatsApp message to 8514 9344



Scan here to find out the list of useful contacts



For more information related to working in Singapore, visit here:



Publications and resources (mom.gov.sg)



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