

# INFOCUS



## You can now get your FDW's six-monthly medical examination (6ME) done at home!

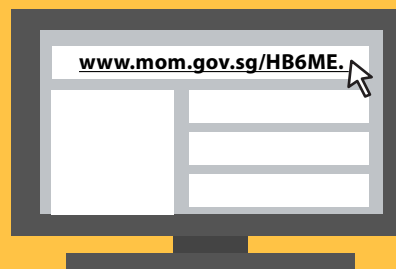
The Ministry of Manpower (MOM) now allows you to get your foreign domestic worker's (FDW) 6ME done at your home through a service provider, instead of going to a clinic. You can choose this option if she is only due for the syphilis and pregnancy tests.

### By choosing to do the 6ME at home...

- ✓ Your FDW does not have to waste time queuing at a clinic.
- ✓ Your FDW does not have to go to a clinic to see a doctor.
- ✓ You will not have to arrange for someone to take care of your children or elderly parents while your FDW is at the clinic.
- ✓ You will receive the test results after 10 working days, and you do not need to collect them from the clinic.
- ✓ You do not have to send the results to MOM. The service provider will send it on your behalf.

### It takes only 3 simple steps to get the 6ME done at home:

1. Go to the MOM website at [www.mom.gov.sg/HB6ME](http://www.mom.gov.sg/HB6ME).



2. Book an appointment online with the service provider.

3. The service provider's healthcare personnel will go to your home to collect your FDW's blood sample at the appointed time and date. You just need to make sure that she has her work permit card and the 6ME form on hand.

