

ANNEX B

LIST OF ALLOWABLE TASKS

Child-Minding (for children above 18 months only)	<ul style="list-style-type: none">• Assisting with feeding, diapering, dressing, toilet-training, bathing and brushing teeth for the child• Engaging the child in educational and developmental activities• Keeping watch over the child• Assisting the child with medication (as prescribed by healthcare professionals)
Elder-Minding	<ul style="list-style-type: none">• Assisting with personal care tasks for the elderly person (including bathing, dressing, toileting, brushing teeth)• Assisting with activities of daily living (ADLs) and instrumental activities of daily living (including feeding, lifting, positioning, and transferring the elderly person)• Engaging the elderly person in mind-stimulating activities• Engaging the elderly person with leisure or recreational activities• Assisting the elderly person in simple maintenance exercises (as prescribed by healthcare professionals)• Accompanying the elderly person on walks• Keeping watch over the elderly person• Assisting the elderly person with medication (prescribed by healthcare professionals)