

FAQs on Enhanced Six-Monthly Medical Examination (6ME)

Q1	What are the changes to the 6ME process for MDWs?																
A1	<p>To strengthen the support and care for MDWs, we will be making changes to the 6ME process.</p> <p>6ME notification emails and letters generated from 29 Aug 2021 will contain instructions to cater for the new requirements. To check the exact requirements for your MDW's 6ME, please refer to your notification email and letter.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;"></th> <th style="width: 35%;">Current requirements</th> <th style="width: 35%;">Requirements w.e.f. 29 Aug 2021</th> </tr> </thead> <tbody> <tr> <td>Tests conducted during 6ME</td> <td> <ul style="list-style-type: none"> Pregnancy and VDRL- every 6 months HIV- every 2 years Tuberculosis (TB)- Once, upon 2 years of stay in Singapore </td> <td> <ul style="list-style-type: none"> Pregnancy and VDRL- every 6 months HIV- every 2 years TB- Once, upon 2 years of stay in Singapore (New) Body Mass Index (BMI) and checks for visible signs of abuse </td> </tr> <tr> <td>Which 6ME results must be submitted to MOM?</td> <td> If the 6ME: <ul style="list-style-type: none"> Includes HIV or TB test, all results must be submitted to MOM Only consists of pregnancy and VDRL, only positive test results must be submitted to MOM </td> <td>All 6ME results must be submitted to MOM. This is regardless of the tests MDWs need to take.</td> </tr> <tr> <td>Who can submit 6ME results?</td> <td> <ul style="list-style-type: none"> Clinics or employers </td> <td> All results must be submitted by clinics. To view your MDW's 6ME results, you can log into our MDW eService. </td> </tr> <tr> <td>Where can 6ME be conducted?</td> <td> <ul style="list-style-type: none"> Clinics Employers house (only for MDWs who do not need to take a TB test) </td> <td> All 6MEs must be conducted in clinics. Employers or their representatives should not be present during the examination. </td> </tr> </tbody> </table> <p>From 29 Aug 2021, home-based 6ME services will also be discontinued. We have notified service providers of this.</p>			Current requirements	Requirements w.e.f. 29 Aug 2021	Tests conducted during 6ME	<ul style="list-style-type: none"> Pregnancy and VDRL- every 6 months HIV- every 2 years Tuberculosis (TB)- Once, upon 2 years of stay in Singapore 	<ul style="list-style-type: none"> Pregnancy and VDRL- every 6 months HIV- every 2 years TB- Once, upon 2 years of stay in Singapore (New) Body Mass Index (BMI) and checks for visible signs of abuse 	Which 6ME results must be submitted to MOM?	If the 6ME: <ul style="list-style-type: none"> Includes HIV or TB test, all results must be submitted to MOM Only consists of pregnancy and VDRL, only positive test results must be submitted to MOM 	All 6ME results must be submitted to MOM. This is regardless of the tests MDWs need to take.	Who can submit 6ME results?	<ul style="list-style-type: none"> Clinics or employers 	All results must be submitted by clinics. To view your MDW's 6ME results, you can log into our MDW eService.	Where can 6ME be conducted?	<ul style="list-style-type: none"> Clinics Employers house (only for MDWs who do not need to take a TB test) 	All 6MEs must be conducted in clinics. Employers or their representatives should not be present during the examination.
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Q2	Why are employers or their representatives not allowed in the examination room during their MDWs' 6MEs?																
A2	This is to allow doctors to examine MDWs in a neutral environment.																

Q3	My MDW already has an appointment with a home-based 6ME service provider on or after 29 Aug 2021. Can the service provider still proceed with the test?
A3	<p>No, the service provider is not allowed to proceed with the test.</p> <p>From 29 Aug 2021, all 6MEs must be conducted in clinics. Home-based 6ME services will not be allowed. We have notified service providers of this. You should send your MDW to a clinic for her 6ME. Some home-based 6ME service providers operate clinics, so you can arrange with them for the 6ME to be done at their clinic.</p> <p>To minimise the waiting time at the clinic, please make an appointment before sending your MDW there.</p>
Q4	Will there be extra charges for the additional 6ME tests (i.e. physical examination, checks on weight, height and BMI)?
A4	Clinics are expected to review and make a commercial decision on whether to raise their fees. Please check directly with the clinic you intend to send your helper to.
Q5	My spouse and I are both working and my child/parent requires constant care. My MDW will not be able to leave the house. Can I arrange for a doctor's house visit instead?
A5	Your MDW should be examined in a neutral environment. You may wish to consider other arrangements, e.g. your MDW can go for her 6ME in the evening when you/your spouse are back from work, or have a family member take over caregiving while your MDW undergoes her 6ME. To minimise the time your MDW spends waiting at the clinic, you may consider calling ahead to make an appointment for her 6ME.
Q6	Will the doctor be examining covered areas of the body? What if my MDW is not comfortable for the doctor to do so?
A6	In most situations, visual checks on exposed body parts and other observations would be sufficient. Your MDW should wear appropriate clothing for the examination to be carried out. Where doctors assess that a more extensive check is needed, the MDW's permission should be obtained, in the presence of a female clinic assistant.
Q7	My MDW does not speak English and I have been doing the translation for her past 6ME visits. She will not feel comfortable without me around. Can I continue to accompany her?
A7	No, employers or their representatives must not be present during the examination. The medical professional bodies have given guidance to doctors on how they can manage situation where communication can be more challenging for MDWs who are not conversant in English.
Q8	Can I request for a copy of the 6ME results from the clinic?
A8	You can view your MDW's 6ME results directly by logging into our MDW eService.