

CONNECT

with **ACE**

A monthly e-newsletter for
migrant workers

SINGAPORE EXPO HALL
26 FEBRUARY 2023



FRIENDS
OF ACE



March
2023

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Tips



Protect yourself against scams!

- **Beware of calls with the “+” prefix** which originate from overseas
- Ignore such calls and the callers’ instructions
- **Never share your Singpass or bank account’s login details** and One-Time Passwords with anyone
- **Always verify the authenticity of the information** with the official website or sources
- Call a trusted friend or talk to a relative **before you act**
- **No government agency will instruct payment through telephone call or social messaging platforms** (WeChat/Facebook), or ask you for personal banking information.



If you receive such calls, please hang up and report any fraudulent transactions to your bank immediately.

It’s Okay to Reach Out!

Remember, you are not alone through difficult times – there is help available.

If you feel that things are not right with your friend emotionally, lend him your support.

- If you feel down: **Call HealthServe (24-hour) @ 3129 5000**
- If you need work-related advice: **Call Migrant Workers’ Centre (24-hour) @ 6536 2692**



4 Things to Note on your COVID-19 Vaccinations

1

Individuals should get an **additional booster dose** between **5 to 12 months** from their last dose.



2

All eligible persons should take the **bivalent vaccine** to ensure **better protection** against COVID-19 and its variants.

3

If you are eligible for booster, you will receive an **SMS with a personalised booking link** to make an appointment at any of the **Joint Testing & Vaccination Centres**.

4

You may **approach your employer** to book a vaccination appointment at the medical centres.



Our Migrant Community

Meet Joseph, a Friends of ACE (FACE) volunteer who lent a helping hand to his friend without hesitation.

Joseph noticed that his roommate Mani was struggling with sleep deprivation and anxiety. Concerned for his friend's well-being, Joseph sought help from FAST officers. With their assistance, HealthServe linked up with Mani and provided counseling for him in his native language.

Thanks to Joseph's intervention and constant follow-up from HealthServe, Mani was able to go on home leave to India and returned after five months with improved mental health.

Joseph's compassion and dedication showed us the importance of supporting each other during difficult times. Thank you Joseph, for sharing your story with us!



Joseph (first from right) with the Chief of ACE Group, Mr Tung Yui Fai

Have an interesting story to share about your life in Singapore? Let us know by clicking on this [link](#)

Event highlights



FACE Appreciation Day

On 26 February 2023, an appreciation event was held to recognise the contributions of our Friends of ACE (FACE) volunteers.

The event featured a variety of performances, including a live band, dazzling light artists and magic shows. Attendees also had the opportunity to participate in a grand lucky draw and indulge in a buffet dinner.

Amongst the 2000 volunteers, 40 stood out for going the extra mile and were accorded with the Outstanding FACE volunteer award.

A big thank you to our FACE volunteers for your efforts over the past two years!



Learning about scams, CPR and AED skills at Kranji Recreation Centre

Our migrant worker friends participated in an event, where they learnt important information about scams, CPR and AED skills.

Thank you Woodlands West NPC and Singapore Heart Foundation for equipping our workers with newfound skills!



Bodybuilding Championship at Migrant Workers' Centre Recreation Club

On 26 February 2023, Migrant Workers' Centre (MWC) organised an inaugural Bodybuilding Championship, which saw 38 participants.

The event was held to showcase migrant workers' impressive physiques and promote bodybuilding and fitness to other fellow migrant workers.

The winners received cash prizes and trophies, and every contestant also received a medal of participation.

Do continue to keep yourself fit and healthy!



Scan the QR code here to find out more about the various **physical and online activities** you can take part in!



Follow us on our official channels to get the latest news and updates!

- [ACE Group's Facebook page](#)
- [ACE Group's TikTok channel](#)
- [MOM's YouTube channel](#)

