

## PRIMARY HEALTHCARE SERVICES COVERED UNDER PRIMARY CARE PLAN

| Services  | Components <sup>[1]</sup>  |
|---|--|
| <b>Medical examination for work pass application or renewal</b> | Medical consultation, physical and clinical examination, include without limitation, chest x-ray, blood tests and investigations (where applicable)  |
| <b>Medical consultations</b>                                    | <p><u>No cap</u> to the number of consultations for acute or chronic conditions at the Medical Centre for Migrant Workers (MCMW), Onsite Medical Centres (OMC), or via Telemedicine (TM) or Mobile Clinical Team (MCT) (including public health activation)</p> <p><u>Acute</u> conditions include, without limitation, pain, cough, diarrhoea, fever, abrasions, breathlessness, etc.</p> <p><u>Chronic</u> conditions include, without limitation:</p> <ul style="list-style-type: none"> <li>• Asthma</li> <li>• Diabetes Mellitus (DM) (including Pre-Diabetes)</li> <li>• Epilepsy</li> <li>• Gout</li> <li>• Hypertension</li> <li>• Ischaemic Heart Disease</li> <li>• Lipid Disorders (e.g. High cholesterol)</li> <li>• Chronic skin conditions</li> <li>• Previous injuries</li> </ul> <p>Standard medications and treatments, in accordance with MOH's List of Subsidised Drugs</p> <p>Basic laboratory tests (including logistics) as follows:</p> <ul style="list-style-type: none"> <li>• Point of care testing (POCT), e.g. capillary blood glucose, Troponin T, COVID-19 Antigen Rapid Test</li> <li>• Full blood count</li> <li>• HbA1c</li> <li>• Hypertension profile</li> <li>• Lipids panel</li> <li>• Thyroid function</li> <li>• Renal panel</li> <li>• Liver panel</li> <li>• Urine full examination and microscopic examination (FEME) and urine culture</li> <li>• Electrocardiogram (ECG)</li> <li>• Swabs and tests for infectious diseases, e.g. COVID-19, Dengue antigen and serology test</li> </ul> <p>Radiology investigation such as plain X-Rays without contrast and portable hand-held ultrasound (if available at the centre)</p> <p>Simple procedures, such as removal of foreign body, wound dressing, suturing, removal of sutures, injectable medications and venepuncture for blood specimen collection</p> |

| Services                             | Components <sup>[1]</sup>  |
|--------------------------------------|--|
|                                      | Mental health assessment includes primary care level assessment and management (including counselling and patient education) of patient who presents with symptoms of mental health conditions   |
| <b>Annual basic health screening</b> | <ul style="list-style-type: none"> <li>• Physical examination, including mental health assessment</li> <li>• Blood pressure, body mass index, height, weight</li> <li>• Screening tests for chronic conditions such as diabetes, high blood cholesterol (as recommended by doctor)</li> <li>• Preventive health and health risk factors counselling (e.g. dietary advice)</li> </ul> |

<sup>[1]</sup> The scope of clinical services covered under PCP may be updated from time to time.

### **PRIMARY HEALTHCARE SERVICES NOT COVERED UNDER THE PRIMARY CARE PLAN**

| S/N | Examinations and Services Not Covered Under PCP <sup>[2]</sup>  |
|-----|---|
| 1   | Treatment which is medically not warranted, such as aesthetics treatment (e.g. acne, scars)   |
| 2   | Experimental and unproven treatment   |
| 3   | Orthopaedic aids and appliances such as splints, hot packs, guards and braces   |
| 4   | Expenses incurred in relation to any type of therapy e.g. occupational and speech therapy or dialysis   |
| 5   | Prescription of vitamins, minerals, and nutritional supplements   |
| 6   | Dental treatment and implants   |
| 7   | Treatment for obesity, weight management (excluding health screening);  |
| 8   | Management of refraction errors of the eyes   |
| 9   | Treatment and investigations of fertility issues, contraception, impotence  |
| 10  | Treatment for congenital abnormalities, including physical defect present from birth  |
| 11  | Statutory medical examinations and hazard testing for workers with exposure to hazards listed under 'The Schedule' in the Workplace Safety and Health (Medical Examinations) Regulations 2011 |
| 12  | Doctor or nurse house calls (other than Telemedicine)   |

<sup>[2]</sup>The scope of clinical services **not** covered under the PCP may be updated from time to time.