

# CONIECT

with ACE

A monthly e-newsletter for migrant workers



## Key announcements

#### Launch of ACE Group's social media channels

LIKE and FOLLOW our Facebook page and TikTok account for news and updates!







### **Launch of Migrant Worker** Legal Clinic (MWLC) at mosque in Little India

- The clinic is open to all migrant workers and interpretation services will also be provided.
- If you require legal advice on salary disputes, work injury woes, you can walk in every 2<sup>nd</sup> and 4<sup>th</sup> Sunday of each month, or apply online at http://tinyurl.com/RegisterMWLC for a consultation.



### POSB Jolly will no longer be available soon

Switch to POSB digibank as soon as possible to continue enjoying a seamless banking experience. For more information on how to download, register and use POSB digibank, please visit the following pages:

- English: https://go.posb.com.sg/rg
- Tamil: https://go.posb.com.sg/rg-tr
- Bengali: https://go.posb.com.sg/rg-bn
- Mandarin: https://go.posb.com.sg/rg-zh
- Tagalog: https://go.posb.com.sg/rg-tl
- Burmese: https://go.posb.com.sg/rg-my
- Bahasa Indonesia: https://go.posb.com.sg/rg-ms

### Protect yourself from heat stroke!





You may get heat stroke when working under the hot sun for long hours.

Here are some tips on preventing heat stroke.

Drink lots of water.
At least one glass
(250ml) every 15-20
minutes and whenever
needed to quench thirst.

Work with a partner and look out for any early sign

look out for any early signs of heat stroke, such as headache, nausea and fainting.

Wear loose-fitting and light coloured clothes when outdoors and work under the shade whenever possible

If you are unwell, inform your supervisor immediately and see a doctor.

### A message to our migrant workers

This is Sohal Mazi, our migrant worker friend from Bangladesh. Despite working night shifts most days, Sohal set aside time to learn graphic design from 24asia for 6 months. Since then, graphic design has become his interest, and he has been creating posters in his free time.

"I love graphic design so much. I want to learn more and become a full-fledged professional graphic designer," he said.

"Sohal is a fast and keen learner," said the founder of 24asia, Nazmul Khan. He also believes that everyone has the potential to grow and do better, like Sohal. Over the last 2.5 years, 24asia has conducted 24 batches of free training for over 1000 migrant workers. As one of the workers who have benefitted from the training, Sohal would like to encourage migrant workers to pick up a new skill, given that there are resources and support available out there.

Have an interesting story to share about your life in Singapore? Let us know by clicking on this <u>link</u>



Posters designed by Sohal



### **Event highlights**

### Hari Raya Aidilfitri celebrations at Tuas South RC (TSRC)

On 3 May 2022, over 7000 migrant workers celebrated Hari Raya Aidilfitri at TSRC. Muslim prayer leaders held Eid prayer sessions in the morning and migrant workers were provided with snacks and lunches.

A big thank you to Alliance of Guest Workers Outreach (AGWO) for organising this event!



In collaboration with the Singapore Sinhala Buddhist Society and the Hindu Endowment Board, the Maha Karuna Buddhist Society distributed care packs and food items to more than 170 migrant workers at Clavon. In the same evening, 37 migrant workers were invited to the Sri Lankaramaya Buddhist Temple for a live performance, dinner, and tour. The event was well-received by our migrant workers who were provided with a vegetarian lunch and goodie bag each.



Thank you to
Singapore Sinhala
Buddhist
Association, Maha
Karuna Buddhist
Society and the
Hindu Endowment
Board for coorganising this
initiative!

Scan the QR code here to find out more about the various physical and online activities you can take part in!





### Labour Day event at Sungei Tengah Lodge (STL)

Close to 5000 migrant workers attended the Labour Day event at STL to participate in activities such as tug of war, arm wrestling, and a soccer tournament.

Thank you to the team at Sungei Tengah Lodge for facilitating this event!



Follow us on our official channels to get the latest news and updates!



ACE Group's Facebook page



**ACE Group's TikTok channel** 



MOM's YouTube channel