

Dear Key Appointment Holders and Employment Agency (EA) Personnel,

Since 1 January 2023, all employers must provide their migrant domestic workers (MDWs) with at least **one rest day a month that cannot be compensated away**. This allows MDWs to rest and recharge from work and form networks of support outside the household.

Rest days may be arranged flexibly to suit the needs of both employer and MDW. EAs may point employers to [A Guide for Employers: Preparing for your MDWs' rest day](#) on MOM's website. The guide shares practical tips for employers on discussing rest day arrangements with their MDWs and information on alternative care options if required.

EAs should ensure that the rest day arrangements are spelt out clearly in the contracts signed between employers and MDWs. Additionally, please verify whether the rest day has been taken during the post-placement checks.

Help MDWs and employers to come to a mutual agreement on rest day arrangements, if necessary. Should you come across MDWs not given any rest days, please report the case to MOM. Employers who fail to provide the mandatory rest day may be subjected to enforcement actions.

You may refer to our [website](#) for more information.

Thank you.

Yours sincerely,

Adrian Quek
Commissioner for Employment Agencies
Ministry of Manpower