

Dear Key Appointment Holders and EA Personnel,

On 21 Jan 2022, the Government announced [streamlined healthcare protocols for COVID-19 cases and changes to border measures](#).

Streamlined healthcare protocols for COVID-19 cases

2. Since 6 Jan 2022, our healthcare protocols have focused on managing COVID-19 cases based on individual risk factors and symptom severity. Primary care doctors can immediately diagnose lower-risk individuals with mild symptoms by administering the Antigen Rapid Test and let them recover safely under Protocol 2. This means they self-isolate for 72 hours and resume normal activities if they test negative on a self-administered ART taken 72 hours or more after their first positive COVID-19 test result, or on Day 7 for fully vaccinated individuals (or Day 14 for partially vaccinated/unvaccinated individuals), whichever is earlier.

3. On the other hand, those assessed to be high-risk (e.g. elderly, pregnant, paediatrics, immunocompromised status) or those with significant symptoms (e.g. chest pain, shortage of breath, prolonged fever) will still be managed under Protocol 1, where they will be assessed by MOH for home recovery or further managed in a care facility.

4. Protocol 2 will be progressively applied to low-risk individuals in Protocol 1 settings in the coming weeks. This includes MDWs/CNs who test positive for on-arrival tests and at the exit of their Stay-Home Notice (SHN). Individuals on Protocol 1 who are recovering well and whose symptoms have improved can also transit to Protocol 2.

5. For more information on the recovery protocols, please refer to www.covid.gov.sg/travellers.

Calibrated testing regime for Vaccinated Travel Lane (VTL)

6. From 23 Jan 2022, 2359 hours, VTL travellers, including MDWs/CNs, entering Singapore via air and land checkpoints will only need to do unsupervised self-administered ARTs from Day 2 to Day 7 of their arrival, on the days they are leaving their place of residence/accommodation. They do not need to submit their ART results but must test negative before going out. Those who test positive on ARTs during the testing regime do not need to undergo a confirmatory PCR test but should recover under Protocol 2. Those who identify as potentially high risk should visit a doctor if they test positive.

7. VTL travellers arriving before 23 Jan 2022, 2359 hours are required to continue with the testing regime applicable at their point of arrival (i.e. unsupervised self-administered ART on Days 2,4,5, and 6 with submission of results online, and supervised ART on Days 3 and 7).

Facilitating travel for recently recovered travellers

8. From 23 Jan 2022, 2359 hours, travellers including MDWs/CNs who are fully vaccinated and recently recovered (i.e. within 90 days of their last infection) will be exempted from all testing and SHN requirements if they can provide documentary proof. Non-fully vaccinated recently recovered travellers will be exempted from pre-departure testing requirements but will still be subjected to all other prevailing border measures. Please refer [here](#) for the full list of documentation required.

9. For more information on border measures, please refer to the [SafeTravel website](#).

Reminder on compliance

10. EAs acting on behalf of employers should ensure that their MDWs comply with the prevailing testing and isolation requirements (e.g. for VTL travellers, undergo ART on days they are going out; for mainstream travellers, self-isolate for at least 72 hours if tested C+).

11. EAs are also reminded to conduct pre-deployment ART for all MDWs within 24 hours prior to their deployment to the household and update employers on the result of the ART. This includes MDWs who entered as fully vaccinated and recently recovered.

12. Please take note of the requirements and update MDWs and their employers accordingly.

Yours sincerely

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Ministry of Manpower